

Testimony by Eliza Oakley

Anna's a genuine Oracle. Her trust in her abilities and the accuracy of what she sees and knows is remarkable. Often, she identified sore spots and other blocks in my body without me mentioning them.

When I received my initial assessment, outlining the work we would do together, a lot of it was so spot on that my confidence in Anna's abilities was high. However, several items she mentioned seemed really off the mark. As I progressed through my 4 individual phone sessions, these "off the mark items" came to be key pieces of a jigsaw puzzle.

My healing sessions with Anna were like learning to SCUBA dive. The basic equipment and skills needed to be learnt then applied, and things seemed rather technical. As I swam through coral walls, tunnels and shipwrecks, Anna was there at every turn offering guidance and assistance when I got snagged.

As a powerhouse of truth and integrity, Anna didn't shy away from giving me a kick in my wetsuit pants, if required. She kept a firm focus on my best interests.

There comes a point with SCUBA lessons, after practice and fine-tuning, where the breath is mastered and fully supports the diver to be effortlessly poised in the water - balanced, weightless, at ease. This is when I knew progress was being made.

I emerged from the underwater lessons with a profound new understanding of myself and all that is. Anna skilfully led me to an internal place of awareness, truth, stillness and simplicity, which I can access at any time using the simple tools she taught me.

I was shown how to reduce the practice time to less than one minute, allowing for frequent use each day. While the practice is brief, the results have been swift.

Just a few of the benefits I have noticed are that: my endlessly stiff hip has loosened; I feel more centered and calm; emotional issues have melted away; I have increased levels of self-respect and an inner strength that was unfathomable at the outset.

If you seek a spiritual adventure, clarity on any issue, physical healing, increased self awareness or inner peace, this is your woman.

Eternal gratitude for your loving support, patience, foresight, guidance and humour, Anna. It is an honour to have worked with you.

Eliza Oakley - Australia